

The Holy Rosary: Second Joyful Mystery

- Below is the script for the audio introduction you hear on the *Holy Heroes Advent Adventure*.
- During *Advent Adventure*, we will be encouraging children to pray a “Decade-a-Day”—which should be short enough to keep the attention of even the youngest. To help focus young minds (and busy parent minds, too!), consider our “sacrifice beads” (which work great for learning to count prayers on a rosary because children can “pull a bead” after every ‘Hail, Mary’), on sale on our website www.HolyHeroes.com.

The Second Joyful Mystery--The Visitation: Mary goes to help her cousin Elizabeth

Mary knows that women need help when they are pregnant, so she quickly goes to help her cousin Elizabeth and stays there until her baby, who is John the Baptist, is born. It must have been a hard trip into the hills to Elizabeth’s house for Mary, but she did it as she did all things for God - cheerfully. The Holy Spirit also plays a big part in this mystery. He reveals to Elizabeth that Mary is pregnant, even though Mary doesn’t tell her. The Holy Spirit also makes John the Baptist jump for joy in Elizabeth’s womb. Elizabeth is inspired by the Holy Spirit to call Mary the mother of God, but Mary does not respond pridefully. Instead, she recites what is known as the ‘Magnificat’. She prophesies that all people until the end of time will call her ‘blessed’ for what God has done to her. That is what we are doing when we pray “Hail, Mary.”

[Our Father]

1. In those days Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zechariah and greeted Elizabeth.

[Hail Mary after every verse]

2. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit

3. and she exclaimed with a loud cry, "Blessed art thou among women, and blessed is the fruit of thy womb! And why is this granted me, that the mother of my Lord should come to me?"

4. For behold, when the voice of thy greeting came to my ears, the babe in my womb leaped for joy. Blessed art thou who believed that what was spoken to thee by the Lord would be fulfilled."

5. And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior,

6. for He has regarded the lowliness of His handmaid. For behold, henceforth all generations shall call me blessed; for He who is mighty has done great things for me, and holy is His name.

7. And His mercy is on those who fear Him from generation to generation. He has shown strength with His arm, He has scattered the proud in the imagination of their hearts,

8. He has put down the mighty from their thrones, and exalted the humble; He has filled the hungry with good things, and the rich He has sent empty away.

9. He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his posterity for ever."

10. And Mary remained with her about three months, and returned to her home.

[Hail Mary, Glory Be, Fatima prayer]